

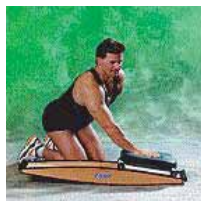


Essential Tool for Balance & Co-ordination



Maximize functional leg strength and power.

Improve cardiovascular endurance.



Develop effective upper and lower body strength programs.

Obtain faster and more precise reaction time.



Enhance core strength and stability.

Achieve better balance, coordination and overall agility.

Improve sports performance while reducing the risk of sport related injuries.



MEDICAL & REHABILITATION

For over a decade, Pro Fitter has helped patients rebuild confidence to overcome physical and emotional problems associated with injury. It is a dynamic modality that offers the benefits of a complete "closed chain" rehab program for ANKLE, KNEE, HIP, BACK & SHOULDER INJURIES. Pro Fitter is used by rehabilitation experts worldwide because of its effectiveness in PROPRIOCEPTIVE DEVELOPMENT, MUSCULAR STABILIZATION & JOINT MOBILIZATION.

STRENGTH GAINS & CLIENT MOTIVATION.

Support information with Pro Fitter include:

"ACL Protocol" from the University of Oklahoma, P.T. Dept

"Stroke Rehabilitation using a Fitter" by Margaret Johnstone FCSP. Scotland

Motivation is the key to a successful fitness or rehab program. Pro Fitter is challenging yet fun and easy to learn! Individuals of all ages quickly discover that skill building with Pro Fitter is more like a sport than an exercise!

Since 1985, athletes and medical experts world wide have depended on Pro Fitter for maximizing sports performance. If you and your family want to maximize an active lifestyle, then get these proven benefits from the Pro Fitter MDM (multi-directional movement) cross trainer:

- Maximize functional leg strength and power.
- Improve cardiovascular endurance.
- Enhance core strength and stability.
- Develop effective upper and lower body strength programs.
- Achieve better balance, coordination and overall agility.
- Obtain faster and more precise reaction time.
- Improve sports performance while reducing the risk of sport related injuries.



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|-----------------|--------------------|
| Weight | 25 lbs |
| Overall Length | 49 in |
| Overall Width | 13 in |
| Height | 9.5 in |
| Tension Setting | 6 levels |
| Weight Range | 30 – 350 lbs |
| Maintenance | clean track weekly |
| Warranty | 2 years |

Unique design features include:

- **Independent flexing/rotating foot pads for dynamic ankle strength and muscle balancing.**
- **Rocking base to enhance balance training.**
- **Over 20 effective exercises focusing on dynamic strength and stability for improved golf, skiing, tennis and all sports where multi-directional movement is required.**
- **Quality construction to ensure silent long-term operation.**